Polar Bear Plunge Information & Instructions

19th Annual Roaming Shores Polar Bear Plunge 3/9/2024

Location:
Roaming Shores
Club House/Main Beach

Event Info

- Registration begins at 1pm and will end at 2:45pm
- Plunge begins at 3pm
- Hot Dogs, Chili, Chips, Soups, Soda, and more will be available for sale

Eligibility

- Anyone whom raises a minimum of \$55 is eligible to plunge.
- A waiver will need to be signed on the day of the plunge, prior to the plunge. *Minors will require parental consent.

Charities that benefit from the plunge:

Pymatuning Valley Schools -Jeffrey B. Meddock Memorial Scholarship Fund

> Jefferson Area Local Schools -Academic Boosters

Grand Valley Schools –
Student programs in memory of Emily Plickert
Thomas Zirkle Memorial ATECH Scholarship

Roaming Shores Breakfast with Santa

Helpful Hints

• • •

- Wear shoes or aqua socks
- ➤ Have warm dry clothes
- Have a large beach towel
- > Bring a robe to keep warm

A gift to you

One free plunge t-shirt will be provided to each plunge participant.

Other merchandise will be available for purchase the day of the event.

Entertainment

• • •

DJ begins at 1pm

Contact Info

- Email: <u>Joeythepolarbear@yahoo.com</u>
- Melinda Fier, President 330-507-4917