

# Polar Bear Plunge

## Information & Instructions

18th Annual  
Roaming Shores  
Polar Bear Plunge

3/11/2023

Location:  
Roaming Shores  
Club House/Main Beach

### Event Info

- Registration begins at 1pm and will end at 2:45pm
- Plunge begins at 3pm
- Hot Dogs, Chili, Chips and Soda will be available for sale

### Eligibility

- Anyone whom raises a minimum of \$55 is eligible to plunge.
- A waiver will need to be signed on the day of the plunge, prior to the plunge. \*Minors will require parental consent.

### Charities that benefit from the plunge:

Pymatuning Valley Schools -  
Jeffrey B. Meddock Memorial Scholarship Fund

Jefferson Area Local Schools -  
Academic Boosters

Grand Valley Schools –  
Student programs in memory of Emily Plickert

Roaming Shores Breakfast with Santa

### Helpful Hints



- Wear Shoes or aqua socks
- Have warm dry clothes
- Have a large beach towel
- Bring a robe to keep warm

### A gift to you



One free plunge t-shirt will be provided to each plunge participant.

Other merchandise will be available for purchase the day of the event.

### Entertainment



DJ begins at 1pm

### Contact Info

- Email: [Joeythepolarbear@yahoo.com](mailto:Joeythepolarbear@yahoo.com)
- Melinda Fier, President 330-507-4917
- Bryan Fier, Vice President 330-507-9673