

Polar Bear Plunge

Information & Instructions

13th Annual
Roaming Shores
Polar Bear Plunge

3/10/2018

Location:
Roaming Shores
Club House/Main Beach

Charities that benefit from the plunge:

*Jeffrey B. Meddock Memorial Scholarship Fund at
Pymatuning Valley Schools*

Jefferson Area Local Schools Academic Boosters

*Grand Valley Schools student programs in memory
of Emily Plickert*

Roaming Shores Breakfast with Santa

Helpful Hints



- Wear Shoes or aqua socks
- Have warm dry clothes
- Have a large beach towel
- Bring a robe to keep warm

A gift to you



One free plunge t-shirt will be provided to each plunge participant.

Other merchandise will be available for purchase the day of the event.

Entertainment



DJ begins at 1pm

Eligibility

Anyone whom raises a minimum of \$55 is eligible to plunge.

A waiver will need to be signed on the day of the plunge, prior to the plunge.

*Minors will require parental consent.

Event Info

Registration begins at 1pm
and will end at 2:45pm

Plunge begins at 3pm

Hot Dogs, Chili, Chips and
Soda will be available for sale

Contact Info

Joeythepolarbear@yahoo.com

Gayle Zirkle 440-228-7850



Event Benefits:

- Jeffrey B. Meddock Memorial Scholarship at Pymatuning Valley Schools
- Jefferson Area Local Schools Academic Boosters
- Grand Valley Schools student programs in memory of Emily Plickert
- Roaming Shores Breakfast with Santa

Roaming Shores Polar Bear Club

2018 Polar Bear Plunge to be held March 10th

*****Sponsor Sheet***** checks can be made out RSPBC *******

Jumper Name:	
Your Sponsor's Name	Amount They Donated
1.	
2.	
3.	
4.	
5.	
6.	
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12.	