



GIVIN' IT A TRI

Date: Sunday, July 2, 2017 (8am Start)
Location: Clubhouse, 13 Roaming Rock Blvd, Roaming Shores, OH 44085.
Registration: 7:00 a.m. **Race Time:** 8:00 a.m.
Preregistration Discount available if received by June 1st

Entry Fees		
All preregistration entries are guaranteed a t-shirt		
	BEFORE/ON JUNE 1	AFTER JUNE 1
Individual	\$20	\$25
2 Person Team	\$30	\$35
3 Person Team	\$40	\$45
Make checks out to STARS Club P.O. Box 8, Rome, OH 44085		

Race Course: Family Friendly Event – a “mini” Triathlon.

You may participate as an individual or as a Relay Team of 2 to 3.

Event 1: Swim 160 Yards at Beach 1; **Event 2:** Bike Ride 5.75 miles; **Event 3:** 2 mile run. Measurements are approximate. It all begins and ends at the Clubhouse, 13 Roaming Rock Blvd, Roaming Shores, OH 44085.

Disclaimer: In the event of environmental conditions on race day, the swim portion of the race may be eliminated. The race would then be a duathlon (Run, Bike, Run). Race will be held rain or shine.

Fun Event: This event is geared towards family participation. Medals will be awarded for 1st, 2nd, and 3rd place Individual Male and Female participants and the 1st, 2nd, and 3rd Place Team. This event is open to RRA Members, their families, and friends.

Givin' it a "Tri" Mini Fun Triathlon Entry Form

Team entry: Team Name: _____

#	Participant Name	Event (Swim, Bike, Run, All)	Age	Gender	Shirt Size**	T-Shirt or Tank Top
1						
2						
3						

****Shirt Sizes: Youth M, Youth L, Adult M, Adult L, Adult XL, Adult XXL**

Address: _____ **City:** _____ **State:** _____ **Phone:** (____) _____

Email: _____ **Emergency Contact Name and Phone #:** _____

I fully understand that there are certain health and safety risks associated with this type of activity. I hereby assume all such risks that may be associated with this activity, including, but not limited to, illness, injury or death. I confirm that I am in good physical condition and do not suffer from any disabilities or physical conditions that might place me at risk or otherwise prohibit my participation in this event. On behalf of myself, my heirs, legal representatives and assigns, I hereby knowingly and intentionally hold harmless and release RomeRock Association, Inc., together with any sponsoring groups or clubs, and their respective directors, officers, agents, affiliates, employees, contractors, officials, sponsors, and volunteers, from and against any and all claims, actions, suits and demands pertaining to or arising directly or indirectly out of any damage, loss, illness, injury, or death to me as a result of participation in this event.

Signature Date Parent or Guardian (if under 18) Date

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Please mail the completed entry form with payment to STARS Club Mini Tri, P.O. Box 8, Rome, OH 44085
 You may also drop off your registration and payment at the RRA Office's drop box located at 1875 US Route 6 in Rome, OH.